

School Nurse Notes February/March 2012

Vision and Hearing Screens

School Health Staff will be doing State mandated vision and hearing screens for children in **grades PK, first, eighth, and new entries**, which includes most of **kindergarten**, during the coming weeks.

Parents will be **notified in writing, if their child fails the screening**. Please contact your school nurse if you have questions/concerns. Also, if your child wears glasses, please send the glasses to school with the child. It is amazing how many students are supposed to be wearing glasses, but do not wear them during school.

Picture This:

Early on a school day morning, everyone is rushing around getting ready for school/work, except for “little Janie”. She is really dragging and says she doesn’t feel well. Her forehead does feel a little more warm than usual, but you have to get to work. What will you do?

Giving “Janie” Tylenol and sending her on to school is **not the thing to do**. More often than not, Janie will show up in the health room, feeling worse, with a fever. While in school, she has exposed other children and staff to whatever illness she has.

Please **make sick child care arrangements in advance**. Plan for whom will care for the children when they become ill, and who will pick them up from school, when an illness or injury occurs there.

Healthy Nutrition Tip:

Instead of bagging up cookies and chips for those lunch boxes, **bag up some veggie strips, fresh fruit, or even some crunchy cereals**. Take a “friend” to lunch: **fiber** 😊

*Carolyn Hallowell RN
School Health Supervisor
Dorchester County Health Department
410-228-7714 x127
Wash those hands!*

